



EDINBROOK PHYSICAL EDUCATION

November

Mrs. Wentzell

Mrs. Colburn

Mrs. Gerber



GRADES K, 1, 2 and 3

Children in grades 1, 2 and 3 completed units in soccer and racquets. Units included lead-up activities, and games that emphasized basic soccer skills and basic racquet skills.

Students in Kindergarten have been introduced to locomotor, non-locomotor and throwing & catching skills, as well as gymnasium rules and spatial awareness.

Fitness testing for students in grades 2 through 6 will take place during November.

Reminders:

1. Please encourage your children to have tennis shoes at school on their physical education days.
2. Refer to page 3 of the December report card to check your child's progress in Physical Education.

GRADES 4, 5 and 6

Students in 4th and 6th grades practiced basic football skills and played lead up football games during their fall football unit. 5th graders participated in a soccer unit. All 4th, 5th and 6th grade students took part in a racquet unit during October. 6th grade played Badminton, 5th grade played modified Tennis and 4th graders played 4-Square Paddleball.

Upcoming activities for Fall Trimester are Tumbling, Jump Rope and Floor Hockey.



FYI

Fitness Testing will be administered for all students in grades 2 through 6 and reported on in the spring.

Fitness Scores are not part of your child's physical education grade.

For information regarding Physical Education, check the Edinbrook website. Click on "school specialists" then proceed to the Physical Education link.

COMING ATTRACTIONS

"Turkey in the Haystacks" activity before Thanksgiving break.

Holiday Obstacle Course will be on December 16 and 17th.