

Elementary Lunch Menu

September 2017


Menu subject to change without notice.


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>NO SCHOOL LABOR DAY</p> <p>Offered Daily on all Serving Lines: Fresh Vegetable Sticks Fresh Fruit and Fruit Sauce Milk Choice</p>	<p>5 Hamburger OR Salad Bar</p> <p>Sweet Potato Fries Garlic Green Beans</p>	<p>6 Popcorn Chicken OR Salad Bar</p> <p>Whipped Potatoes Low Fat Gravy School Made Warm Dinner Roll Sweet Green Peas</p>	<p>7 Beef Walking Tacos OR Salad Bar</p> <p>Nacho Flavored Bag of Chips Seasoned Brown Rice Black Beans Fresh Fixings of Romaine Lettuce, Diced Tomatoes, Jalapeno Peppers, Diced Onion</p>	<p>8 Stuffed Crust Pizza Or Salad Bar</p> <p>Roasted Broccoli</p>
<p>11 Orange Chicken OR Individual Round Pizza Or Salad Bar</p> <p>Seasoned Brown Rice Garlic Breadstick Stir Fry Vegetables</p>	<p>12 Bruch For Lunch OR Turkey Sandwich Or Salad Bar</p> <p>Roasted Carrots Tri Tators Warm Apple Crisp</p>	<p>13 Chicken Patty OR Beef Sloppy Joes Or Salad Bar</p> <p>Oven Baked Twister Fries Roasted Brussels Sprouts</p>	<p>14 Toasted Cheese Sandwich OR Beef Rib-B-Que Or Salad Bar</p> <p>Creamy Tomato Soup Roasted Squash</p>	<p>15 Beef Hot Dog OR Macaroni and Cheese Or Salad Bar</p> <p>Vegetarian Baked Beans</p>
<p>18 Cheeseburger OR Mini Corn Dogs OR Salad Bar</p> <p>Oven Baked French Fries Roasted Parmesan Cauliflower</p>	<p>19 Chicken Nuggets OR Deli Sandwich OR Salad Bar</p> <p>Warm School Made Dinner Roll Whipped Potatoes Low Fat Gravy California Blend Vegetables</p>	<p>20 Lasagna OR Pizza OR Salad Bar</p> <p><i>Vegetable of the Month: Roasted Squash</i> Warm School Made French Bread Slice</p>	<p>21 Beef Tacos OR Shredded Chicken OR Salad Bar</p> <p>Soft Tortilla or Hard Shell Seasoned Brown Rice Refried Beans Fresh Fixings of Romaine Lettuce, Diced Tomatoes, Jalapeno Peppers, Diced Onion</p>	<p>22 Fish Sandwich OR Chicken Patty OR Salad Bar</p> <p>Potato Crunch Broccoli Oven Baked Potato Wedges</p> <p>Jonny Pop Treat</p>
<p>25 Chicken Tenders OR Beef Meatballs OR Salad Bar</p> <p>Whipped Potatoes Low Fat Gravy School Made Dinner Roll</p>	<p>26 Brunch for Lunch OR Cheese Filled Breadsticks OR Salad Bar</p> <p>Roasted Carrots Warm Marinara Sauce Oven Baked Tri Tators</p>	<p>27 Spaghetti with Meat Sauce OR Chicken Alfredo OR Salad Bar</p> <p>Whole Grain Spaghetti Noodles Garlic Green Beans</p>	<p>28 Pizza OR Chicken Drumstick OR Salad Bar</p> <p>Spanish Cauliflower</p>	<p>29 Beef Hot Dog OR Pulled Pork * OR Salad Bar</p> <p>Vegetarian Baked Beans</p>

LUNCH PRICES

Elem. Student "Paid"\$ 2.55
Student "Reduced"FREE
Student "Free"FREE
Milk..... \$.50

Free and Reduced Meal Applications available online at www.district279.org/fma OR may be picked up at any school within District 279 or the District Office.

* May contain Pork 

May contain nuts or peanut butter 

Any school made item could contain any of the above, please check with Kitchen Manager at site.

Allergy Notice: Products have been made in the District Kitchens or plants where milk,

All Grains/Breads offered are a minimum of 51% Whole Grain.



In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (866) 632-9992 (Voice and TDD). USDA is an equal opportunity provider and employer.

VEGETABLE OF THE MONTH: SQUASH

Did you Know? Squash has Vitamins A and C which keep your body healthy!

