Flex Learning Board - Parents & Children Birth to 5

Parents & Guardians: The activities below are optional for you to complete with your child at home.

**Question of the day:** What is your favorite color? What color do the people in your family like?

<table>
<thead>
<tr>
<th>Language and Literacy</th>
<th>Math</th>
<th>Science</th>
<th>Large Motor/ Music</th>
<th>Art/Sensory/ Fine Motor</th>
<th>Social/ Emotional</th>
</tr>
</thead>
<tbody>
<tr>
<td>Read a book</td>
<td>Color counting</td>
<td>Color hunt</td>
<td>Turn on some music</td>
<td>Favorite color</td>
<td>Connect with your child</td>
</tr>
</tbody>
</table>

- **Language and Literacy**: Can you spot your favorite color in the book? Name and point to colors you see when you read and play.
- **Math**: Pick a color. Find 3 items around the house that color. Repeat with another color. Count out loud so infants can listen and toddlers can imitate.
- **Science**: Can you find your favorite color outside? Name and point to other colors you see.
- **Large Motor/ Music**: Dance around with scarves, ribbons, or small hand towels. Or, dance along with Ms. Wendy! Use your favorite color to make a picture for someone.
- **Art/Sensory/ Fine Motor**: Use your favorite color to make a picture for someone. Help your infant hold a crayon or grasp different toys.
- **Social/ Emotional**: I am proud of you today because...